

We can help you

If you care for a blind veteran, we can help you and the person you care for discover life beyond sight loss.

To receive support from Blind Veterans UK, the person you care for needs to have Served in the Armed Forces or done National Service and now have severe sight loss.

It doesn't matter how or when a veteran lost their sight, or when they Served. Many of our veterans lost their sight years after leaving Service, through age, illness or accident.



Blind Veterans UK provides free, lifelong support and it only takes one letter, email or phone call to find out how we can help you, one of your family members or someone else you care about.

Visit:
noonealone.org.uk
Call:
0800 389 7979
Email:
information@blindveterans.org.uk

Write to:
Blind Veterans UK
12-14 Harcourt Street
London
W1H 4HD



Do you care for a blind veteran? We can help you.



Life beyond sight loss
St Dunstan's since 1915

No one alone





If you care for a blind or vision impaired ex-Service man or woman, Blind Veterans UK is here to help.

Coping with sight loss can be hard for everyone involved, whether that's the person who has lost their sight or their carer. We found that 62% of those who care for a blind veteran said they have felt depressed because of their caring role but 80% of those said that support from Blind Veterans UK has helped them to cope.*

We know that carers are typically spouses and children of veterans experiencing sight loss. That's why we're here to help the whole family to adjust to life with sight loss by giving them the support, skills and equipment they need to live life to the full.

As well as helping veterans to get back on their feet, we offer dedicated support to carers through:

- Tailored advice and support from Blind Veterans UK's experienced and qualified welfare officers
- Addressing the emotional and practical aspects of caring through sessions at our induction weeks at our centres in Brighton, Sheffield and Llandudno, North Wales
- Respite for veterans to give family members and carers a well-earned break
- Signposting to other support services

Many of the veterans and families we support find that Blind Veterans UK is like a second family. We provide what a veteran and their family need to help them discover life after sight loss.



"I am proud to be supporting Blind Veterans UK and the amazing work they do for carers and families of blind and vision impaired veterans. Many of those who care for veterans may not see themselves as carers but they selflessly give up their time to look after a loved one."

"Blind Veterans UK is there for any veteran now battling severe sight loss and their family to ensure they do not have to battle blindness alone. If you care for a blind veteran, or know of someone who does, call Blind Veterans UK on 0800 389 7979 or visit www.noonealone.org.uk as their support could be life-changing."

Barbara Windsor MBE, Actress

"Blind Veterans UK has helped us enormously. I've got so much of my independence back. I've been able to meet other veterans in a similar situation and have been given lots of equipment and training to help me at home. Life is much better now for both of us."

Norman Roper,
Royal Navy veteran with
age-related sight loss

"The support we have received from Blind Veterans UK has been brilliant. It has been really good to be able to meet other wives and carers and I've realised that there are other people in the same situation. It is really helpful to be able to talk about our experiences and learn from each other and both Norman and I have been able to make new friends."

Jean Roper

